

### DIRECTIONS

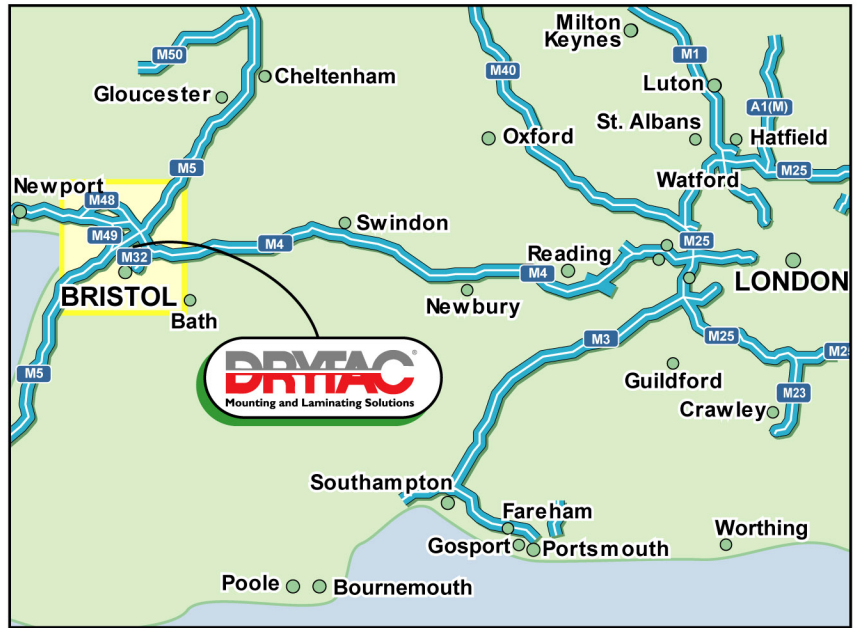


#### From Cardiff or London

Leave the M4 at Junction 19 and follow the M32 towards Bristol. Leave the M32 at Junction 1 (the first exit) and at the motorway roundabout take your first exit on to the A4174. At the first roundabout on the A4174 take the second exit into Bromley Health Road. Follow this road until it meets Fishponds Road. Turn right onto Fishponds Road and then take your second turning on the left. Go straight on at the next roundabout into Filwood Road and you will see our offices on the left.

#### From Bristol M32

Leave the M32 at Junction 2 and follow the signs for the A432 Chipping Sodbury. About 1.5 miles after leaving the M32 you will see a road on your right named New Station Road. Take this turning and then go straight on at the next roundabout into Filwood Road and you will see our offices on the left.



National Rail Enquiries: 0845 748 4950

